



Precautions

1. For external use only.
2. If you have a history of drug allergy, consult your doctor or pharmacist before using the medication.
3. Do not use any cut or damaged patches.
4. Fentanyl patch could cause addiction on prolonged use. Use the medication as directed by the doctor. Do not use more than the prescribed dose.
5. Note the date and time of application, and remember when the patch needs to be replaced.
6. Do not stop using Fentanyl patches without talking to your doctor. If you suddenly stop using the patches, you may experience withdrawal symptoms.
7. Do not share the medication with others.
8. Tell your doctor and pharmacist if you are pregnant, planning to become pregnant, or breastfeeding.
9. If you are having any surgery, tell the doctor or dentist that you are using Fentanyl patches.
10. The patch may contain metal. Remove the patch before an MRI scan.
11. Do not drink alcohol, drive or operate heavy machinery.
12. You may bath, shower or swim while wearing the patch. Avoid using bath oil, rinsing or soaking the patch with hot water. Do not apply soap on the patch or surrounding area. Pat dry the body afterwards.

13. Do not use heat sources such as heat pads, electric blankets. Avoid hot baths or sunbathing. Exposure to heat may cause an increased release of Fentanyl from the patch, potentially leading to an overdose.
14. Seek medical attention if you experience fever, breathing difficulty, dizziness or confusion.
15. Consult your doctor if symptoms persist or worsen after using the medication.

Storage

1. Keep out of the reach of children.
2. Store in a cool dry place, away from direct heat and light.
3. Keep this medication in the original package before use.

This guidance is for reference only .

You should always follow your doctor's instructions.

Check with your doctor or pharmacist if you have any questions.

Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們
For enquiry, please feel free to contact us

藥劑部 Pharmacy

地址: 香港銅鑼灣東院道2號 聖保祿醫院

Address: St. Paul's Hospital

No. 2, Eastern Hospital Road, Causeway Bay, Hong Kong

電話 Tel: 2830 3725

網址 Website: www.stpaul.org.hk

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聖保祿醫院
St. Paul's Hospital

How to use Fentanyl Patch

藥劑部
Pharmacy



What is Fentanyl patch?

Fentanyl patch contains a morphine-like painkiller. Through constant release from the patch, the medication is absorbed into the bloodstream through the skin to achieve prolonged pain control for 72 hours (3 days).

Indication

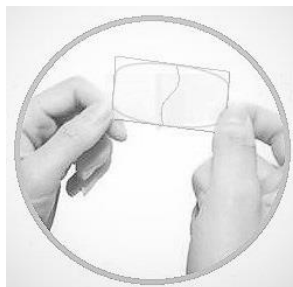
Fentanyl patch is used to relieve moderate to severe chronic pain.

How does it work?

Fentanyl from the patch is absorbed through the skin, and acts via the central nervous system to relieve pain. Therefore, it is not necessary to apply the Fentanyl patch on the area where you feel the pain.

How to use?

1. Choose a flat, intact, non-hairy area of skin over the chest, back or upper arm. Do not apply to broken skin, hairy surfaces, or on areas of skin that recently received radiotherapy. In children and people with cognitive impairment, the upper back is the preferred site of application as it is less likely for them to remove it. If necessary, trim the hair as close to the skin as possible with scissors. Do not shave to avoid skin irritation.
2. Wash hands and clean the skin area with plain water only. Pat skin completely dry. Do not apply soaps, lotions, oils, or alcohol on the skin before the patch is applied.
3. Remove the patch from the packet. Do not cut the Fentanyl patches. Do not use if the pouch seal is broken or if the patch is cut or damaged.



4. Carefully peel off one half of the plastic from the back of the patch. Do not touch the sticky side of the patch.



5. Press the sticky part onto the skin. Remove the other part of the plastic and apply the rest of the patch to the skin. Apply firm pressure with the palm of your hand for 30 seconds, to ensure that the patch adheres firmly.
6. Wash your hands with water after applying the patch.
7. Wear the patch continuously for 72 hours, then remove the patch by tearing it off the skin surface.
8. Discard the used patch as instructed (refer to section “**Disposal of Fentanyl patch**”).
9. Apply a new patch to a different area of skin after removing the used patch at the same time of day every 72 hours. The same location may be used again after 5 to 7 days.

What are the common side effects?

Common side effects include constipation, drowsiness, nausea and vomiting, tiredness, dizziness, headache, abdominal pain, etc.

If you develop any allergic reactions such as skin itchiness, face or hand swelling and breathing difficulty, etc., consult your doctor immediately.

What if I miss a dose?

Change your patch as soon as you remember and make a note of the date and time. Change again after 72 hours as usual.

Do not apply more than one patch unless otherwise told by your doctor.

What if the patch falls off within 72 hours?

Discard the fallen patch as instructed. Apply a new one on a different site and inform your doctor.

Disposal of Fentanyl patch

1. (A) **Discard the used patch** by folding it in half with the sticky sides adhered together.
(B) **Discard expired or unused patches** by carefully removing the adhesive backing, folding the patch in half with the sticky sides adhered together.
2. Safely dispose of the folded patch, ensuring it is kept out of sight and reach of children. Used patches may still contain residual medication, which could be potentially fatal if accessed by children.
3. Wash your hands afterwards.